

# Ruth Obeys Naomi

## Ruth 3

WEEK 12

**POINT ➔ WE HELP  
OUR FAMILIES.**

Open your Bible to Ruth 3, and show children the words. Have children pair up to act out roles of Boaz and Ruth.

**SAY: The Bible, God's special book, tells us about Ruth and her mother-in-law, Naomi. Naomi told Ruth she wanted to find Ruth someone who would care for her, and she remembered that Boaz had been very nice to Ruth. She told Ruth to take a bath and dress up.** Have the Ruths pretend to wash.

**Then Naomi wanted Ruth to go to where Boaz was working, but at first not to let Boaz know she was there.** Have the Ruths walk in place. **Ruth obeyed everything Naomi said to do.**

**After work, Boaz ate and was ready to sleep. He was so tired that he slept right on the floor where he was working.** Have the Boazes rub their bellies and lie down.

**When Boaz fell asleep, Ruth pulled the blanket off his feet and lay**

**down, just the way Naomi told her to.** Have the Ruths pretend to pull a blanket off their partners' feet and lie down.

**Boaz woke up and saw Ruth.** Have the Boazes sit up and say, "Who are you?"

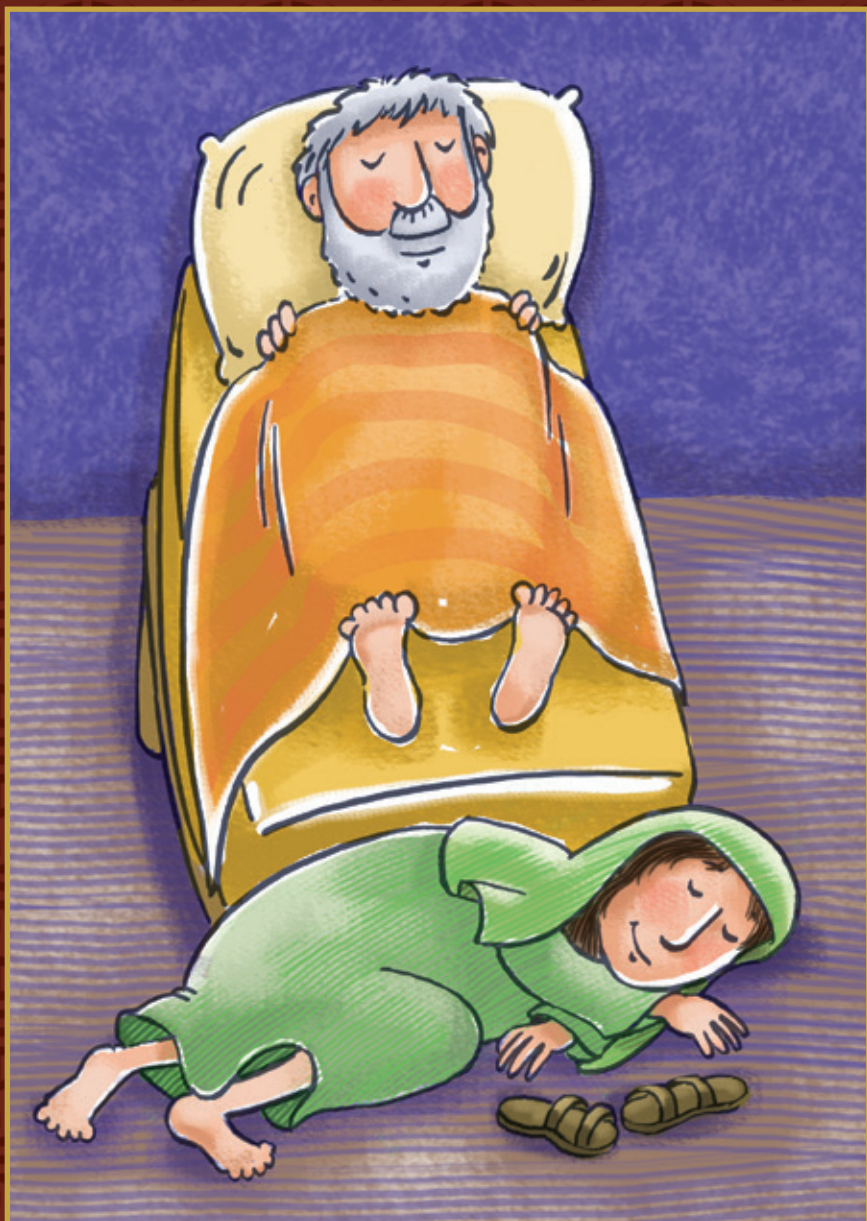
**Ruth told him to put the corner of the blanket over her because he was a family member and should take care of her. Since he was related to her, and also to Naomi's husband who had died, that meant he needed to take care of Ruth and Naomi.** Have the Boazes pretend to put the blanket over the Ruths.

**ASK: Tell about a strange way you've helped someone.**

**Tell about how someone has helped your family.**

**SAY: God sent Ruth to Boaz because he was her family and could help her. ➔ WE HELP OUR FAMILIES, just as Boaz did.**





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**POINT** ➡ **WE HELP  
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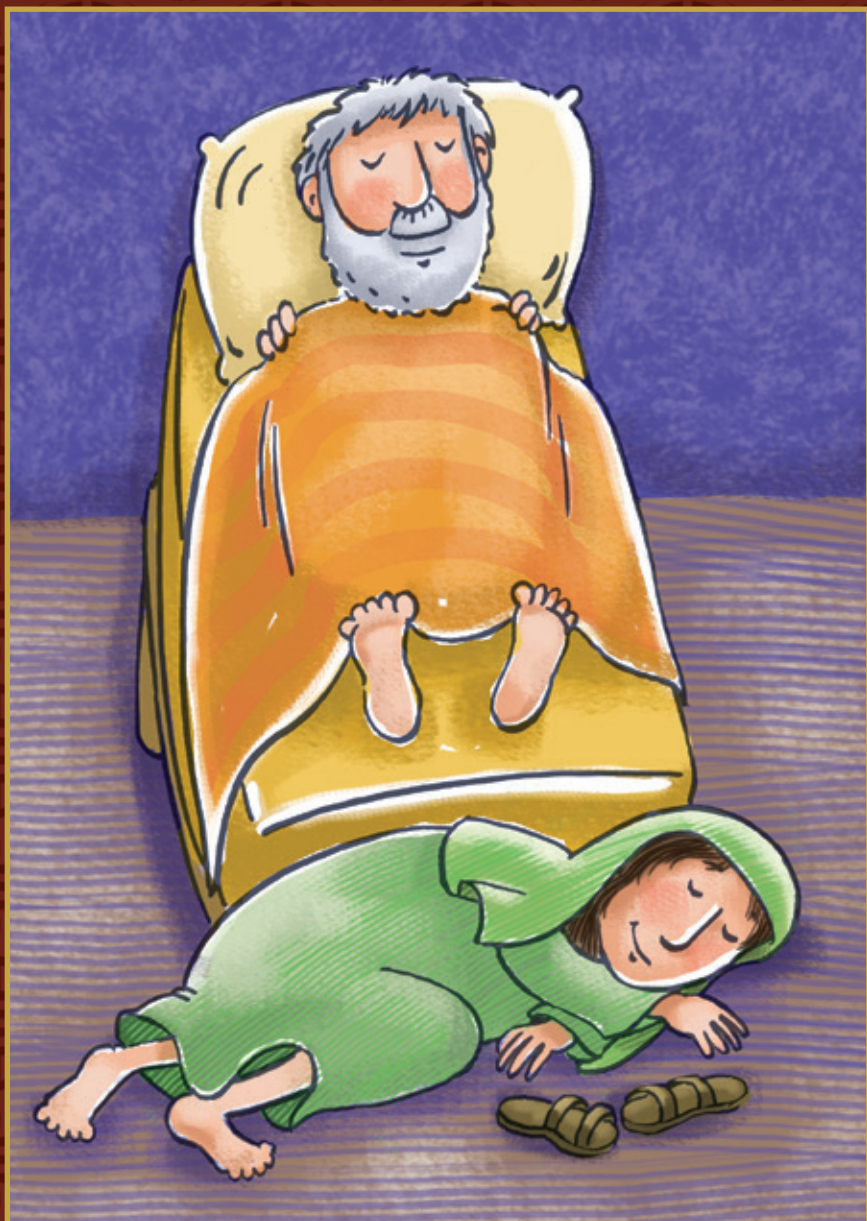
Pass out paper and *Color Switchers Markers*. **SAY: Boaz put a blanket over Ruth to show that he was going to take care of her. One type of blanket is called a quilt. Quilts are made of small squares of fabric sewn together. Let's make a paper quilt together.**

Have children each color a pattern or design on a piece of paper. When they finish, help them tape their papers together to make a quilt. If possible, hang the finished quilt on the wall.

**ASK: Ruth obeyed what Naomi said to do. What are some ways Ruth's obedience helped her family?**

**Blankets remind us of taking care of each other. How does your family help take care of you?**

**SAY: God gave you a family to give you food, clothes, and the blankets you need to stay warm. Your family helps you, and you can help them, too! ➡ WE HELP OUR FAMILIES.**



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**SAY:** Ruth obeyed Naomi to help her family. ➡ **WE HELP OUR FAMILIES** when we obey our parents.

Have children sit with you in a circle.  
**SAY: Let's learn a poem about how Ruth obeyed Naomi. Repeat each line after me while clapping and patting your laps like this.** Demonstrate a way to keep rhythm by clapping and patting. Read the following poem, pausing after each line for kids to repeat the line back to you.

**Naomi told Ruth what to do.  
"I have got a plan for you.  
Take a bath and dress your best  
Then wait for Boaz to take a rest."**

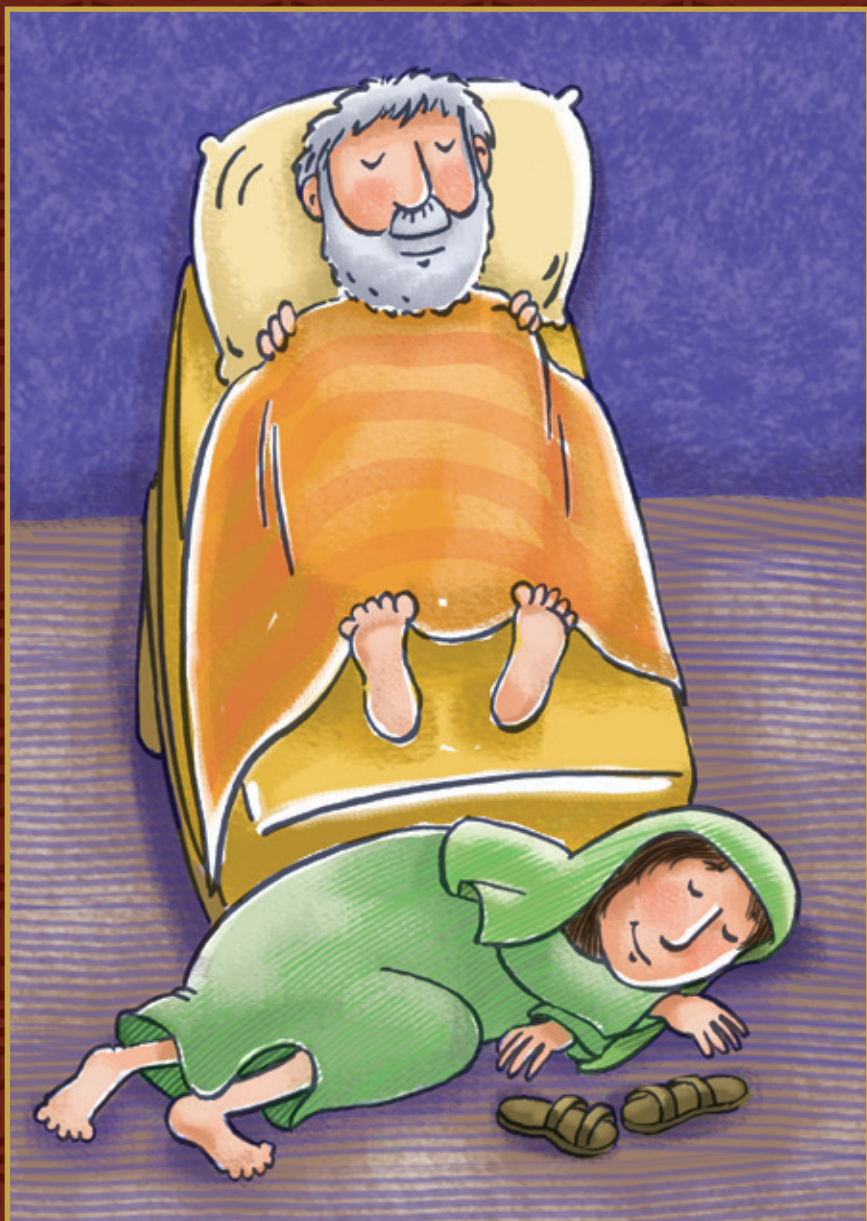
**Ruth obeyed what Naomi said  
And waited for Boaz to go to bed.  
When Boaz woke up and looked  
around,  
Ruth was there, lying down.**

**ASK: What do you do to obey your parents?**

**What have your parents said  
or done to show they like it  
when you obey?**

**What are some other ways to  
obey your parents and show  
them you love them?**





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## POINT ➡ WE HELP OUR FAMILIES.

Have children pair up, and have partners face each other from opposite sides of the room.

**SAY: Ruth did exactly what Naomi told her to do, and God blessed Ruth through Boaz. Let's play a game where you have to obey my instructions exactly in order to win.**

Give instructions that partners must follow exactly to get to each other in the middle. One at a time, call out specific instructions for each pair, such as hop on one foot, skip, or scoot, keeping children moving in different manners. If a child doesn't follow instructions, both partners must go back to their starting positions and begin again. The first pair to reach each other wins.

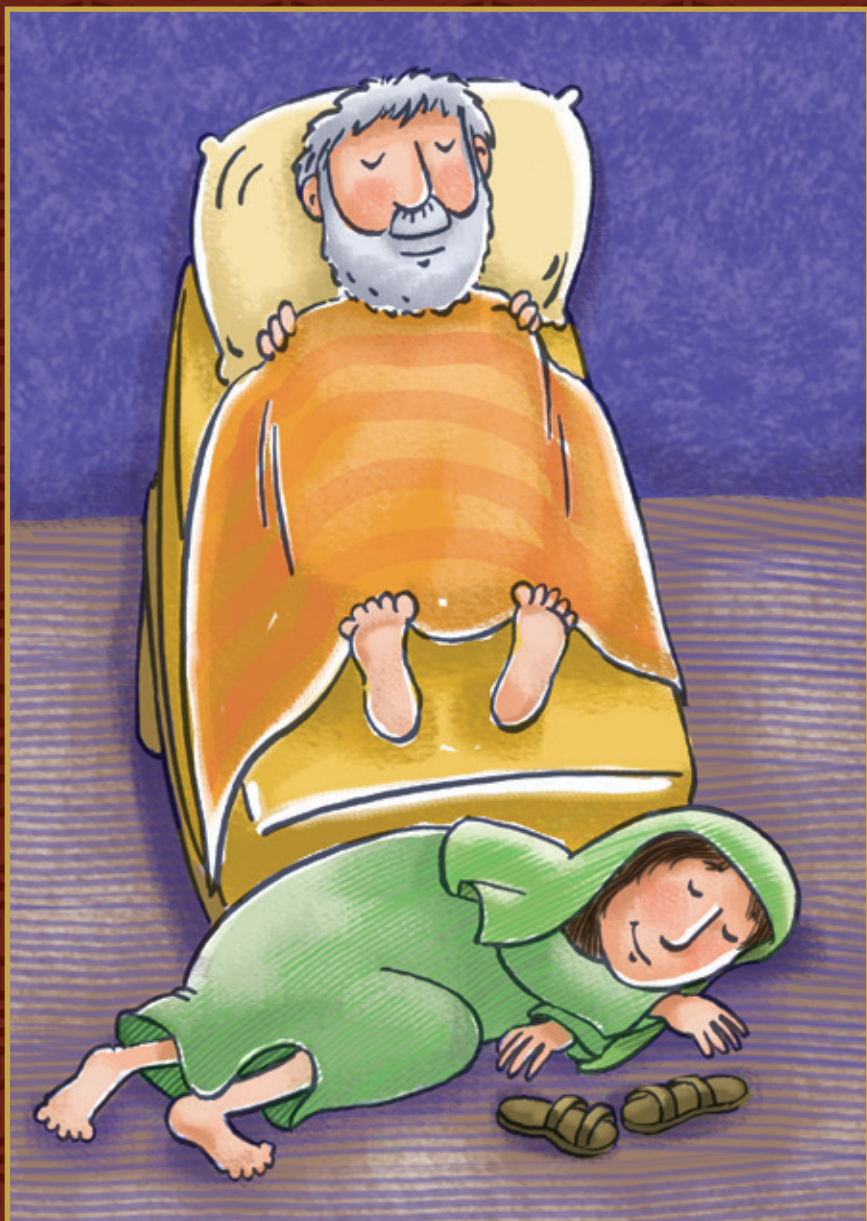
**ASK: What did you do that helped or hurt your team in this game?**

**What did this game teach you about why it's important to obey?**

**Tell about a time you obeyed and it helped someone in your family.**

**SAY: In this game, obeying helped your partner, because it meant you could win! In real life, obeying helps our families, because our parents have good reasons for the rules they make. Obeying our parents is an important way ➡ WE HELP OUR FAMILIES.**





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**SAY:** It's important to obey. It's especially important to obey our parents because God gave us our parents to be our families. When we obey, ➡ **WE HELP OUR FAMILIES.** I'm going to ask some questions. Silently think for a minute about your answers. Then I'll ask you again, and you can share your answers aloud.

Remind children not to talk. After asking a question, pause for a moment. Then ask the question again, allowing kids to share their answers.

**ASK:** When you obey, it helps others. Think of a way you obeyed this week.

Think about a time it was *really* important that you obeyed.

What's one thing you can do to be a better helper in your family?

**SAY:** God wants us to obey, just as Ruth obeyed Naomi. When we obey our parents, we make their jobs easier. We keep the house cleaner for them, we help with chores, and we give them a little time to rest. ➡ **WE HELP OUR FAMILIES** by obeying our parents.