

**Jesus Asks His Friends to  
Help Him**    **Mark 14:32-42**

## POINT → WE'RE FRIENDS WITH JESUS.

Open your Bible to Mark 14, and show children the words. Have the two *Kaboom Sticks* ready. SAY: **The Bible is God's special book. It tells us all about Jesus. The night before Jesus died on the cross, he took his friends Peter, James, and John away with him to help him pray to his father.**

ASK: **What do you like your friends to pray for you?**

SAY: **Jesus said, "I'm very sad. Stay here and pray with me." Jesus walked ahead and began praying. He prayed that he wouldn't have to go to the cross, but he said he would obey God.**

ASK: **What do you pray when you have to do something you don't want to do?**

SAY: **When Jesus returned, his friends were all sleeping!** Have children pretend to sleep. **Wake up!** Bang the *Kaboom Sticks*. **Jesus asked Peter why he couldn't even stay awake for one hour! Jesus left**

**and prayed the same prayer again. Once more, he came back to find his friends sleeping.** Have children pretend to sleep. **Wake up!** Bang the *Kaboom Sticks*. **Jesus' friends didn't know what to say.**

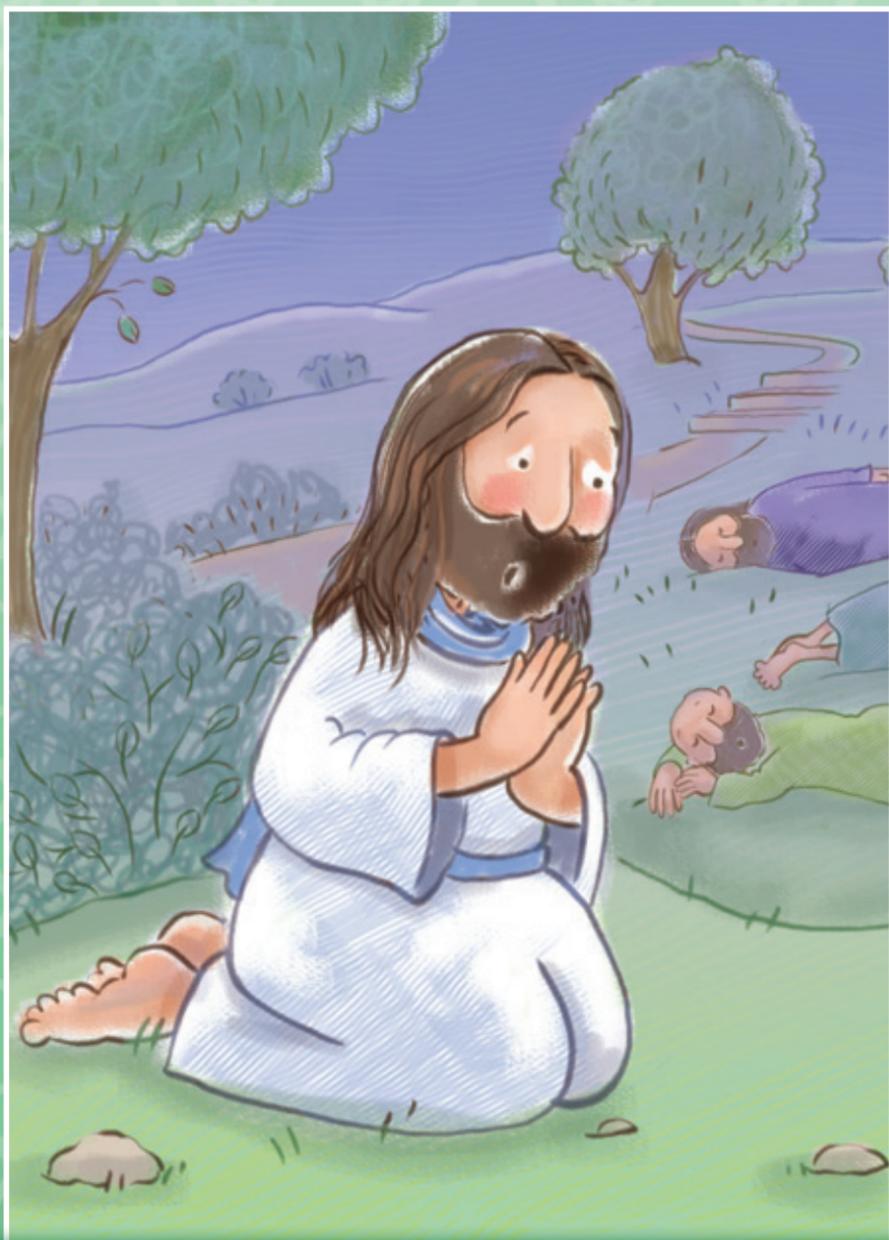
ASK: **Tell about a time you didn't do what a friend asked you to do.**

SAY: **A third time Jesus left to pray, and again his friends fell asleep.** Have kids pretend to sleep. **Wake up!** Bang the *Kaboom Sticks*. **"It's now time for me to go to the cross," said Jesus.**

ASK: **What's something a friend has done that made you sad?**

SAY: **Peter, James, and John weren't being very good friends when they kept falling asleep instead of praying. Let's do our best to do what Jesus asks and show → WE'RE FRIENDS WITH JESUS.**





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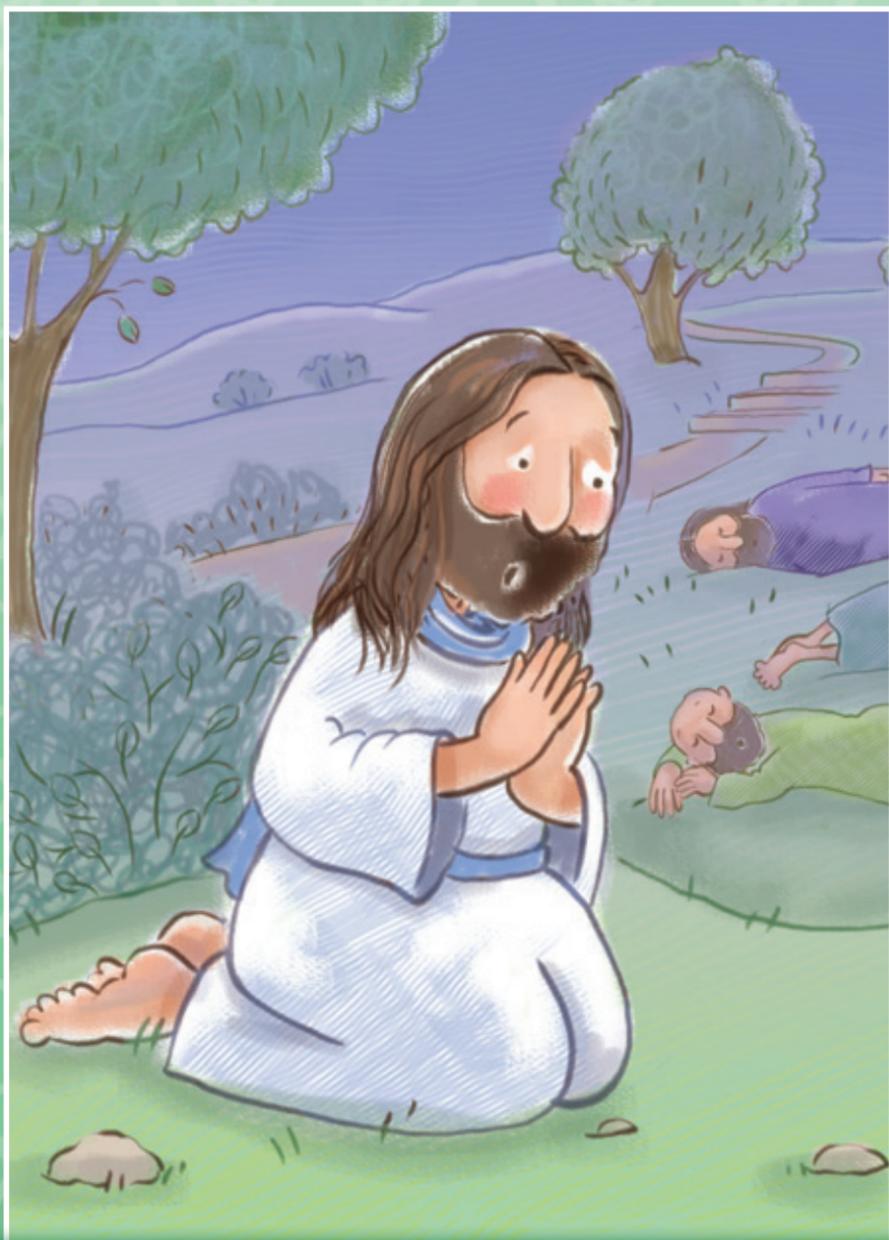
Hand out paper and crayons. Have kids draw a picture of someone they want to pray for.

Scatter kids' drawings on one side of the room. Form two teams, giving one person on each team a *Kaboom Stick*. Demonstrate these directions as you read them. SAY: **When I say "go," everyone without *Kaboom Sticks* will pretend to sleep. The kids with *Kaboom Sticks* will wake someone up by tapping him or her on the arm with the *Kaboom Stick* and shouting, "Wake up!" The person who wakes up will take the *Kaboom Stick*, run to get your drawing, run back, wake up someone else, and then sit down.** Play the game for a couple of minutes.

ASK: **What do you want to pray about for the person on your paper?**

**Talk about a time someone prayed for you or you prayed for someone.**

SAY: **Take your papers home to remember to keep praying for that person. Praying for our friends shows we're good friends. And we can talk to Jesus about what our friends need because ➔ WE'RE FRIENDS WITH JESUS.**



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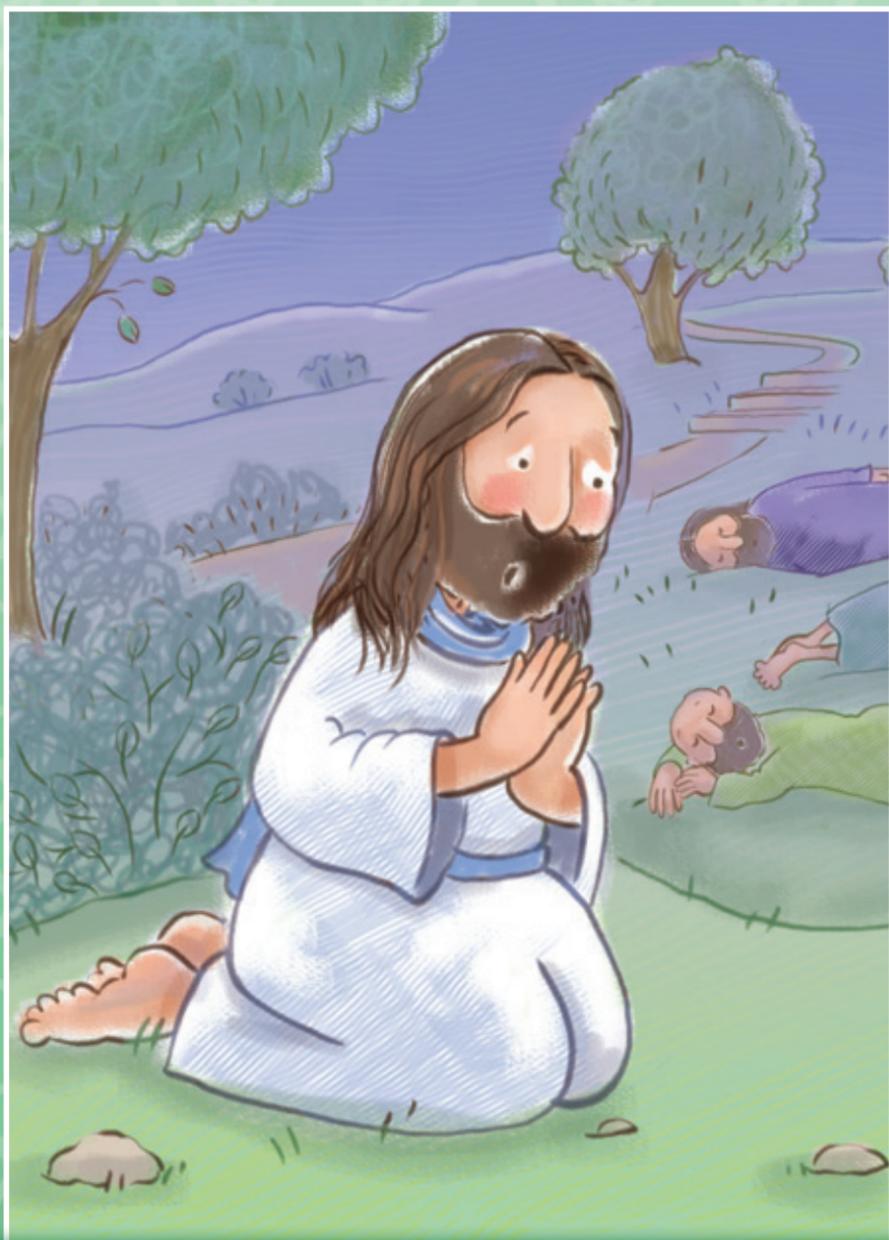
**POINT** ➔ **WE'RE  
FRIENDS WITH JESUS.**

Point out a starting line and a finish line on either side of the room. Form two teams for a relay race. Have children on each team find partners and stand in pairs behind the starting line. Each pair will move to the finish line with both partners holding an end of a *Kaboom Stick* between their ankles. Once partners cross the finish line, they will run back and hand the *Kaboom Stick* to the next pair and then sit down.

**ASK:** How did you have to help your friends in this game?

**Jesus asked his friends to help him by praying with him. What are some other ways we can help our friends?**

**SAY:** In our game, you had to work together with your partner. We work together with our friends by helping them and praying for them. Jesus' friends made him sad. He needed their help, and they fell asleep. We show ➔ **WE'RE FRIENDS WITH JESUS** when we do whatever he asks us to do.



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## POINT ➔ WE'RE FRIENDS WITH JESUS.

Teach the following song to the tune of "Ten Little Indians":

SING:

**One and two and three good friends** (*hold up one, then two, then three fingers*),

**One and two and three good friends** (*hold up one, then two, then three fingers*),

**One and two and three good friends** (*hold up one, then two, then three fingers*),

**Slept while Jesus prayed.** (*Put head on folded hands as if sleeping.*)

**Jesus woke them up to pray, oh!** (*Tap a friend's shoulder gently, then hold hands up suddenly as if startled.*)

**Jesus woke them up to pray, oh!** (*Tap a friend's shoulder gently, then hold hands up suddenly as if startled.*)

**Jesus woke them up to pray, but** (*tap a friend's shoulder gently, then hold hands up suddenly as if startled*)

**They went back to sleep.** (*Put head on folded hands as if sleeping.*)

**Jesus, help us do what you ask.**

*(Bow head and fold hands in prayer.)*

**Jesus, help us do what you ask.**

*(Bow head and fold hands in prayer.)*

**Jesus, help us do what you ask.**

*(Bow head and fold hands in prayer.)*

**We're your friends! It's true.** (*Hold hands up and out in praise.*)

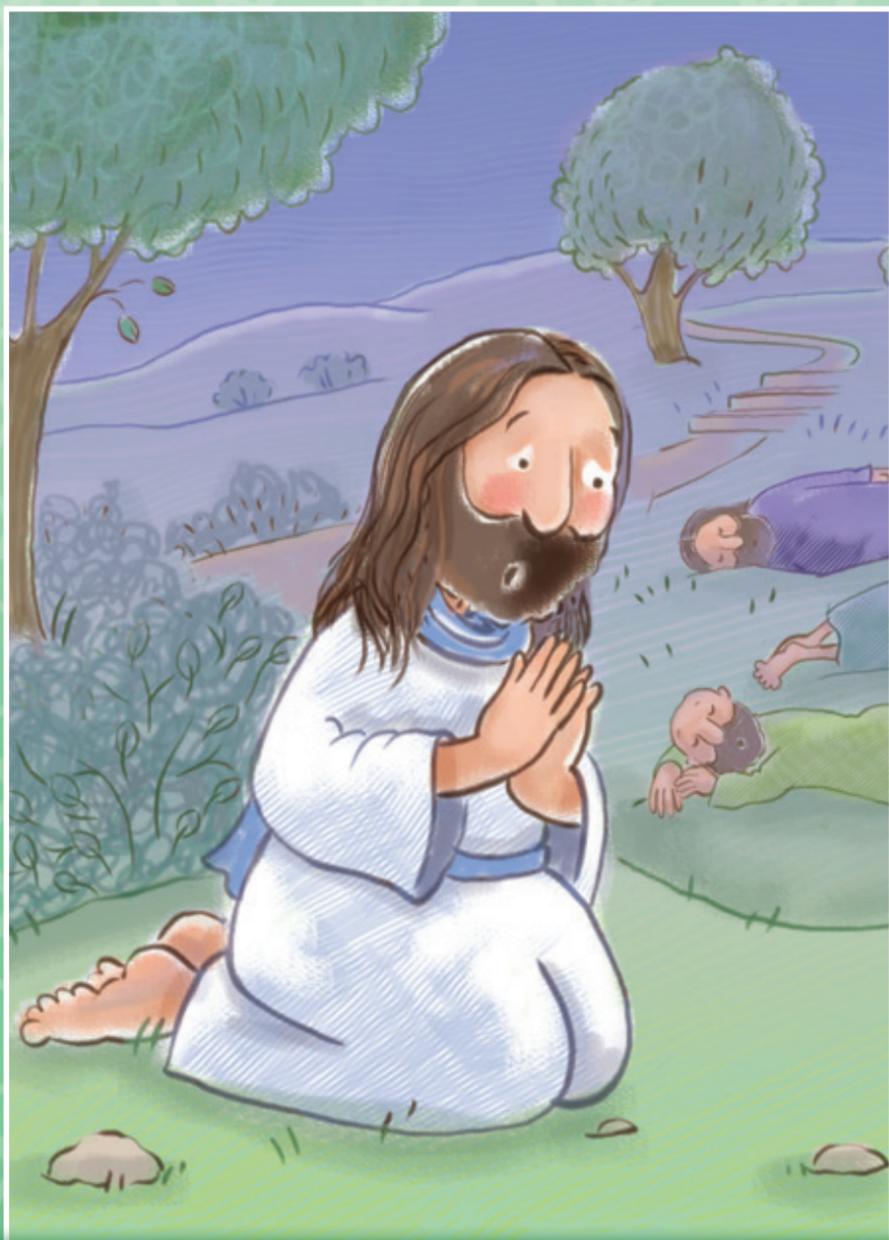
**SAY: Jesus felt sad when his friends fell asleep. He knew they were his friends anyway, but he really wanted them to help him pray.**

**ASK: What's something good you try to do but it's too hard?**

**When is praying hard to do?**

**What do you tell Jesus when you pray?**

**SAY: We can pray with Jesus every day. We talk to him when we pray. We tell him we love him and ask him to help us live the way he wants us to live. ➔ WE'RE FRIENDS WITH JESUS.**



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**SAY:** When Jesus asked his friends to pray, they wanted to do what he wanted. It was late at night, though, and they were so sleepy. Whenever they closed their eyes to pray, they fell asleep!

Wind up the *Buzz Hopper* and let it hop. **SAY:** While the *Buzz Hopper* is hopping, say a prayer. Talk to God about anything you want to. When the hopper stops, pretend to fall asleep.

When all kids are pretending to sleep, **SAY:** Wake up!

Wind up the *Buzz Hopper*, and repeat the activity two or three times.

**ASK:** What do you like about praying?

What about praying makes you feel bored or sleepy sometimes?

**SAY:** In our prayer activity, we were just pretending to sleep. But when we pray, we're spending special time with Jesus! So it's important

that we show ➔ **WE'RE FRIENDS WITH JESUS** by keeping our attention on him and trying not to get distracted.