

## POINT ➡ WE ASK GOD FOR WHAT WE NEED.

Open your Bible to 1 Samuel 23, and show kids the words. SAY: **The Bible is God's special book. It tells us about a time David and his army tried to stay away from Saul, their enemy. Saul kept looking and looking for David, but God protected David and didn't let Saul find him.**

Saul's army finally figured out that David was hiding in the wilderness. Saul got closer and closer to David. While David was in the wilderness, he prayed that God would keep him safe and give him the things he needed. Let's learn part of David's prayer. Follow my actions as you hear the words from Psalm 63:1 that David prayed.

**O God, you are my God;** (*point up*)  
**I earnestly search for you.** (*shade your eyes with your hand*)  
**My soul thirsts for you;** (*pant*)  
**My whole body longs for you.** (*touch your toes, then your head*)

SAY: When David tried to stay away from his enemies, God helped him hide to keep him safe. I'm going to hide **Squiggles** today for you to find.

Have kids close their eyes while you hide *Squiggles*. Then give them time to look for *Squiggles*. When kids see *Squiggles*, call out, "Freeze!" and call kids back to the original area before they're able to pick him up. SAY: **In the Bible, just when Saul was about to find David, Saul suddenly got a message that he needed to go back home. God protected David while he was in the wilderness.**

ASK: **What did I do to keep *Squiggles* safe?**

**What does God do to keep you safe every day?**

**Tell about a time you were in danger and God kept you safe.**

SAY: Just as I helped *Squiggles* by keeping him safe, God helps us when we need protection. ➡ **WE ASK GOD FOR WHAT WE NEED.**



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**SAY:** God gives us everything we need.

**ASK:** What are some things that God gives us every day to take care of us?

**SAY:** We can ask God for what we need. Jesus told us that we can pray, "Give us today the food we need." Let's thank God for everything he does to take care of us. We can sing this song to tell him how thankful we are. Let's also use some musical instruments to praise him today.

Set out some supplies that could be used as musical instruments. For example, two pencils could be used as drumsticks, paper could be crumpled noisily, several items could be placed in the *Amen! Box* and shaken.

Then play ● "Thank You for the Food We Eat" (track 10) on the *CD*, and lead the kids in singing the song to the tune of "This Old Man." Encourage the kids to play their musical instruments in rhythm.

**SING:**

Thank you for the food we eat.  
Thank you for the world so sweet.  
Thank you, God, for all the things  
you do,  
And, dear Jesus, I love you.  
(Repeat.)

**ASK:** What's one thing you can do to show God that you're thankful this week?

What's one thing you can praise God for this week?

**SAY:** God takes care of us. When we need something, ➡ **WE ASK GOD FOR WHAT WE NEED.** just as David did.

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FOR WHAT WE NEED.**

**SAY:** There are many things and places that can be scary.

**ASK:** Tell about a time you were scared.

**SAY:** Wow, thanks for sharing those scary memories. Now think about a time you felt safe. Draw a picture of a place or someone or something that makes you feel safe, like your bed or your mom or dad. Give children each a piece of paper and crayons, and allow them to draw or scribble for a few minutes.

Ask children to share about their pictures. **SAY:** There are many places that feel safe to us. Many of us feel safe with our teddy bear, at church, and [insert some examples of the things kids shared about].

**Even in scary times, ➡ WE ASK GOD FOR WHAT WE NEED and to keep us safe. Let's pray right now.** Encourage kids to pray with you by repeating what you say.

**PRAY:** Dear God (pause), please keep us safe (pause), even when we're scared. Pause. We know that we can ask you for what we need. Pause. In Jesus' name, amen.

**SAY:** The wilderness was a scary place for David. But he knew ➡ **WE ASK GOD FOR WHAT WE NEED.** And when he asked God to keep him safe, God did!

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**SAY:** David knew that he could pray and ask God for what he needed. God heard David's prayers while David hid in the wilderness. God also hears our prayers when we ask him for things we need. Let's say a rhyme together to remind us that ➡ **WE ASK GOD FOR WHAT WE NEED.** Repeat the motions after me.

Recite the following rhyme several times:

**God kept David safe from Saul,**  
*(cover your head protectively)*  
**And God cares about us all.** *(point to several people around the room)*  
**When we are afraid and scared,**  
*(make a scared facial expression)*  
**God can hear us anywhere.** *(fold your hands and close your eyes)*  
**God gives us what we need for free**  
*(point up)*  
**Because he cares for you and me.**  
*(point to yourself and someone else)*

**ASK:** Tell about a time you prayed for something you needed.

How did you know God heard your prayer?

**SAY:** Just as David prayed for what he needed, ➡ **WE ASK GOD FOR WHAT WE NEED. TOO.**

## **POINT ➡ WE ASK GOD FOR WHAT WE NEED.**

**SAY:** When David hid in the wilderness, Saul got very close to catching him. But David prayed and asked God to keep him safe, so Saul couldn't find him. Let's play Tag to remind us of this story.

Choose one child to be Saul. The rest of the kids can run around the room, trying to get away from Saul. If they're about to be tagged, they can assume a praying position by kneeling on the floor and folding their hands. As long as they're in that position, they can't be tagged. Allow several minutes for play. If you have time, give several children the opportunity to play Saul.

**ASK:** What was it like to be chased by Saul? How did you keep yourself safe?

How did David stay hidden from Saul?

How can prayer help us stay safe?

**SAY:** Just as David asked God to keep him safe in the wilderness, ➡ **WE ASK GOD FOR WHAT WE NEED.**