



Paul and Timothy
Acts 16:1-5; 2 Timothy 1:1-7



## **POINT** WE HELP OUR FRIENDS OBEY GOD.

Open your Bible to Acts 16, and show children the words. SAY: The Bible is God's special book. Pair up with a friend to hear what the Bible says about Paul and Timothy, two friends who helped each other obey God. Form pairs.

Paul first met Timothy in a city called Lystra. Have pairs shake hands. Paul wanted Timothy to help him tell others about Jesus. Paul and Timothy went from town to town, helping others learn how to follow Jesus. Have pairs stand arm in arm, walking in place.

Later, when Paul was away from Timothy, Paul wrote him a letter. Have pairs hold their hands palm up, pretending to read. Paul wrote to encourage Timothy—to say kind things to help him be strong and have faith in God. Have each pair tell each other three encouraging things. Offer examples, such as "You're really kind," "You're a good friend," or "You're good at sharing."

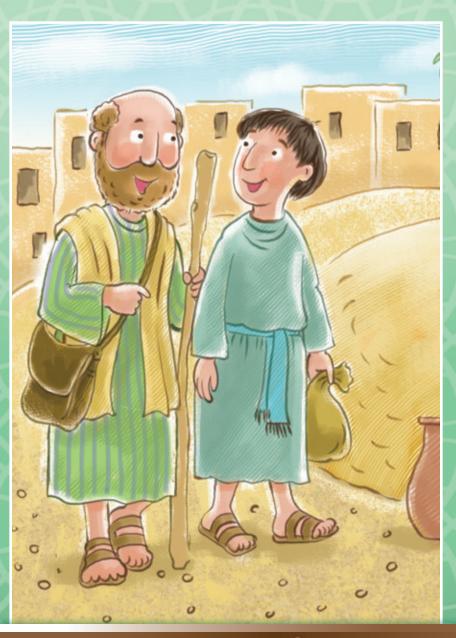
ASK: Tell about something someone said that encouraged you.

Name some reasons people sometimes need help obeying God.

What are some ways you can encourage people you know to obey God?

SAY: Paul was a lot older than Timothy. But he still wanted to be a good friend. So he taught Timothy how to help others know Jesus. And he encouraged Timothy not to be afraid but to keep on believing in God. Paul was a great example of how WE HELP OUR FRIENDS OBEY GOD.





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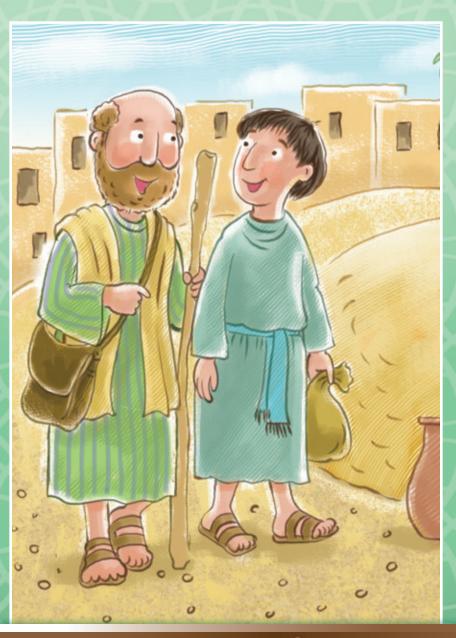
Set out drawing materials, and have children each create colorful designs on a piece of paper. Then help kids fold their papers into accordion-style fans, taping the fans at the handles.

SAY: Paul told Timothy to fan the gift God put in him and not to be afraid to obey God. When a fire is fanned, it can get bigger. If you wave your fan, you can feel the wind on your face. Let children try it.

ASK: Tell about a time you saw someone build a fire. How did they make it big?

What can you do to help your friends see more of God's love?

SAY: God put many good things in us, like his goodness and love. When we fan these things, that means we're helping them grow bigger. We can also encourage our friends to fan what God's given them when WE HELP OUR FRIENDS OBEY GOD.



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#### POINT WE HELP OUR FRIENDS OBEY GOD.

Form two teams. SAY: Let's play a game all about encouraging one another. Each team will try to get its players to the other side of the room first, but you can only move when your teammates shout out encouraging words.

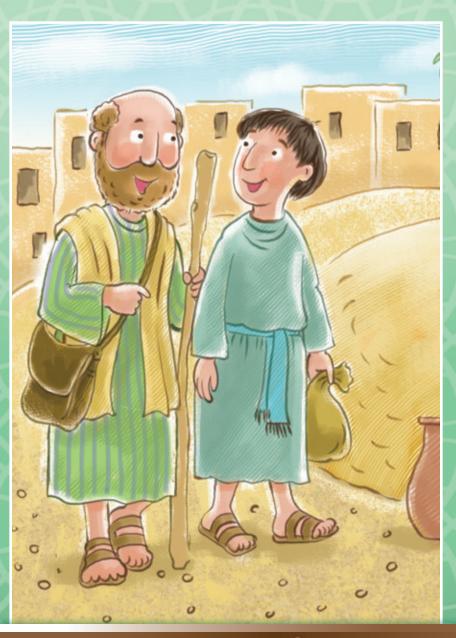
Have each team move one person at a time. Teammates will take turns shouting encouragements, which allow the player to move three giant steps each time. Try to get kids to use different encouragements to move the current player. Afterward,

ASK: What was it like to be encouraged?

How did the encouragement make your job seem easier?

Tell about a time you encouraged someone to do the right thing.

SAY: Sometimes when someone works really hard at something and no one notices, the person feels bad. But when people encourage someone to keep trying and working hard, the person wants to keep going! Paul told Timothy to keep working for God and he said not to be afraid. And Timothy listened to Paul. Like Paul, WE HELP OUR FRIENDS OBEY GOD.



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Have kids stand in a straight line. Starting at one end of the line, whisper, "God loves you," into the first child's ear. Have this child pass the message on to the next child, and so on and so on to the end of the line. Have the last child in line say the message aloud.

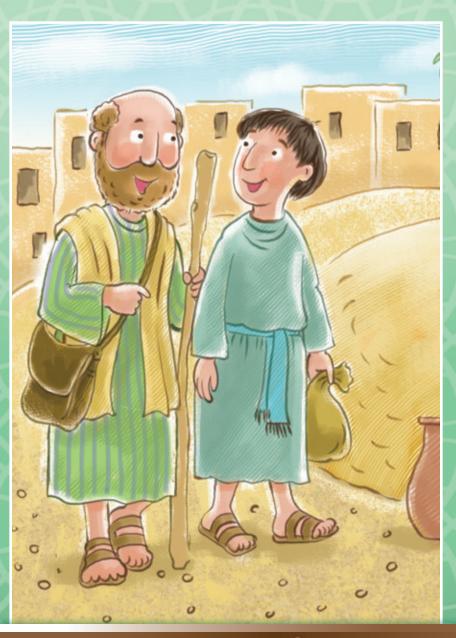
If the message is correct, commend kids for successfully delivering an important message. If the message has gotten mixed up, SAY: **Let's try that again.** Play until kids successfully pass the message all the way down the line

SAY: Timothy's grandmother, his mother, and Paul all taught Timothy about Jesus. Then Timothy passed these important messages on to others.

ASK: **Tell about the people who teach you about God.** 

Who have you told about God?

SAY: We learn about God from others who know Jesus well. Then we pass it on and tell our friends what we've learned, so they'll know, too. That's one way WE HELP OUR FRIENDS OBEY GOD.



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#### POINT WE HELP OUR FRIENDS OBEY GOD.

Teach the following song to the tune of "Mary Had a Little Lamb":

#### SING:

We help our friends obey God (shake finger),

Obey God (shake finger),

**Obey God.** (Shake finger.)

We help our friends obey God (shake finger),

We tell them what we know. (Use hands to make talking "mouths.")

Paul taught Timothy of God (point up)

**Like his mom** (point somewhere around the room)

**And grandma.** (Point somewhere else.)

Paul taught Timothy of God. (Point up.)

**Tim-o-thy obeyed God.** (March in place.)

We help our friends just like Paul (point to different kids),

**Just like Paul** (pound fist on palm), **Just like Paul**. (Pound fist on palm.)

We help our friends just like Paul (point to different kids),

**So they can obey God.** (March in place.)

ASK: How can we help our friends obey God when they feel afraid?

How can we help our friends if they don't know what God wants them to do?

SAY: If our friends don't know about Jesus and what he wants them to do, they can't obey. If they feel afraid, they might need encouragement. God wants us to help each other to do what he says. When we tell our friends what we've learned and encourage them not to be afraid, WE HELP OUR FRIENDS OBEY GOD.